

# **I won't spread flu to my patients or my family.**

**Even healthy people can get  
the flu, and it can be serious.**

**Everyone 6 months and older  
should get a flu vaccine.  
This means you.**

**This season, protect  
yourself—and those around  
you—by getting a flu vaccine.**



For more information,  
visit: <http://www.flu.gov>



**U.S. Department of  
Health and Human Services**  
Centers for Disease  
Control and Prevention